

## **Summary**

This diploma thesis focuses on seniors living in the home environment. In this work, I focused on descriptions of the leisure activities that today's seniors devote and I want to address to the problems of the old people they deal every day. I have also described the seniors of risks seniors and the basic terms with which we can meet in the senior's issue. The aim of the work was to find out what activities are seniors doing in their free time and whether their leisure time is sufficiently fulfilled. I also wanted to compare the hobbies of seniors from small and big cities. I learned from my research how today's seniors spend free time and what are the obstacles on spending their free time.