

Abstract:

This text concentrates on the topic of career counselling, concretely on counselling for high school students while they are in the process of career decision making. The emphasis is on an educational career choice programme (that targets on the making of career choices) as a method of career counselling. The goal of the thesis is to examine if the programme meets its goals and to examine possible ways of its improvement. The thesis first offers a theoretical grounding of the topic. Then the empirical part includes a detailed description of the educational programme and then a follow-up research probe examining the fulfilling of the programme's goals and the possible ways of its improvement.

Keywords:

career counselling, career choice, high school students, educational career choice programme, action research