

## ABSTRACT

The topic of interconnection between attachment and selected aspects of mental health has not been sufficiently covered yet, both on the theoretical and research level. The following dissertation contributes to bridging this gap by examining the attachment prevalence among adolescent girls in institutional educational care in Czech Republic and analyzing the attachment types of these girls to their close people, especially parents, and relationship with certain factors of their mental health.

The aim of this dissertation is to map and analyze connection between attachment and selected factors of mental health of the monitored girls and to suggest a schematic model of the risk indicators of mental health.

The dissertation consists of theoretical and empirical part. The theoretical part analyzes and summarizes the knowledge related to attachment and selected aspects of mental health, especially to trauma and dissociation states, suicidal behaviour, substance use, or resilience. The empirical part identifies the attachment type of monitored girls with the help of ECR-RS – research tool and analyzes the connections with the risk phenomena of mental health with the help of other tools. Based on the acquired data reflected in the discussion part of the dissertation, the author suggests a schematic model of the risk indicators of mental health. Besides that, she comes to conclusion that the quality of life of the highly vulnerable group of adolescent girls can be increased by satisfying their specific needs and empowering their resilient adaptation and certain interpersonal relationships with the help of appropriate interdisciplinary interventions and supportive tools within the context of the current institutional educational care system.

## KEYWORDS

attachment; trauma; dissociation states; suicidal behaviour; substance use; life satisfaction; self-assessment; risk indicators of mental health