Abstract: This master’s thesis focuses on the obstacles of state building for the defacto states Pridnestrovian Moldavian Republic (Transnistria) and the Republic of Abkhazia. Both of which are break-away states from former soviet republics: Moldova and Georgia. The purpose is to give a cross country comparison of factors which hinder state building. Both states have their unique sets of challenges to integrating into a fully recognized state yet share many of the same obstacles. The factors that will be analyzed are relations to their Patron states; The Russian Federation and how this patron state contributes to these de facto states inability to democratize and gain outside recognition with other member state. These challenges for integration as full de jure states and participation within international institutions are a result of ethnic tension, corruption, authorities and complete dependence on Russia as a parent state. The other factors that will be analyzed is the Foreign policy of the Russian within its near abroad and their soft power tactics towards their compatriots.