This bachelor thesis focuses on how economic sanctions work and also on their effectiveness in a field of internation relations. The first part of the thesis shows an issue which makes the sanctions inefficient. The issue is a third party meaning that the third party can economically help to the sanctioned country. The theory is demonstrated on a case study of Cuban embargo imposed by the United States after 1959. The third party was the former USSR who helped Cuba from their economical problems so Cuba did not have to surrender to American conditions.