

Abstract

This bachelor thesis focuses on smoking during pregnancy and the issues connected therewith. It concerns with the level of knowledge the midwives and gynaecological nurses have about the negative effects of smoking during pregnancy. It also focuses on the quality of anti-smoking intervention given to future mothers – smokers and non-smokers.

The theoretical part summarises general knowledge about the negative effects of smoking. The following chapters investigate the problems that may be caused by smoking during pregnancy and describe the effects it has on the mother and her fetus. In the end of the theoretical part it suggests possible ways and support to give up smoking.

The practical part of the thesis englobes results from the qualitative method that was chosen which consists in the observation of midwives and gynaecological nurses while working with a pregnant woman. The second part of this method is a semi structured interview, with eight supplementary questions. The evaluation of these questions shows the midwives' knowledge about the undesirable effects of smoking during pregnancy, their attitude towards anti-smoking intervention and information which could help them achieve an easier and more effective way of persuading future mothers to quit smoking.

The results of the research show that main problem facing an effective intervention from the midwives and gynaecological nurses is not their lack of knowledge concerning the negative effects of smoking. However the relatively low awareness of the method and scheme of the short intervention 5A. Another one of the obstacles the nurses face is the excessive administrative work, which makes it harder for them to carry out quality interventions. Due to lack of time and excessive work during their shift. This suggests that one of the ways to improve this issue would be decreasing the administrative work for nurses and motivate the medical staff to self-education.

Keywords:

Smoking, harmfulness of smoking, pregnancy, midwife, quality of information, future mothers