ABSTRACT

This Bachelor thesis deals with problems of home care. At present, the whole population is aging in the Czech Republic, increasing the number of people with limited self-sufficiency. These individuals often seek help from home care services, so it is important that they know the opportunities that this service can provide.

The main aim of the bachelor thesis is to find out the awareness among patients with limited self-sufficiency about the possibilities of home care. In line with the bachelor thesis topic and goal setting, I defined the following hypotheses:

- Hypothesis H1: I presume that more than 50% of respondents evaluate their awareness about the possibilities of home care as insufficient.
- Hypothesis H2: I suppose that more than 50% of respondents do not know who is competent to indicate home care.
- Hypothesis H3: I think that more than half of the respondents are not informed about the possibility of reimbursing some home care services by the health insurance company.

For the bachelor thesis, the method of quantitative research was chosen. I obtained the required data using a non-standardized questionnaire of my own design. I filled out the questionnaire personally with each respondent. Respondents were patients from internal departments and hospices from unnamed Prague hospitals. All ethical aspects have been respected in the research.

By analyzing the research, I found that more than 50% of respondents assess their awareness about the possibilities of home care as inadequate. The results show that more than half of respondents do not know that the health insurance company contributes to the reimbursement of some home care services. The positive finding is that 60% of respondents know about the possibility of prescribing health care services by a treating physician or general practitioner. On the basis of the results obtained, I created an information leaflet that will provide hospitalized patients with a summary of information about home care options.

keywords: Home care, awareness, limited self-sufficiency, health care, primary care