ABSTRACT

According available studies the number of obese people is growing worldwide, we can speak about so called pandemic obesity. Obese patients can be mostly found in hospitals and it is needed to react to this fact in medical and nursing care.

Subject of this thesis is nursing process of morbidly obese patient. Thesis is formed into case study, which describes in detail nursing case of patient, who has undergone stomach palsy due to third degree of obesity. All attempts for conservative treatment were tried. Research was done on clinic specialized in obesity treatment. Information for both theoretical and practical section were based on czech and international literatures and researches. In practical section interview was done with staff of the clinic and patient of the clinic.

Goal of the thesis is detailed description of nursing process according functional health models by Margaret Gordon, gathering most important facts in nursing care of obese patient on specialized clinic and suggestion how to use these facts even out of the clinic.

By analyzing the nursing process I found out, that nurses of the clinic follow given standards. In discussion chapter I am describing in detail, how the clinic is structured, which tools has the staff to their disposal and what are my suggestion for improving the nursing care of obese patients both in and out of the clinic.

**keywords:** nursing process, morbid obesity, tools in nursing care, gastric plication, bariatric surgery