

## ABSTRACT

The aim of the thesis is to analyse and compare two mass gymnastic exercises in terms of spatial choreography, the Spartakiade exercise for younger pupils from 1980 and the mass exercise of the Czech Association of Sport for all teenage pupils, girls and boys from 2012 called Between stars. The thesis also maps the development of mass gymnastic exercises in Czechoslovakia and later in the Czech Republic and generally describes the mass gymnastic exercise and the principles of its creation. The practical part of the work deals with Spartakiade exercise for younger pupils from 1980 and mass exercise of the Czech Association of Sport for all teenage pupils, girls and boys from 2012. The aim of the practical part is to characterise and compare the synchronised exercises in terms of place of the exercise, number of participants, sex, length of the exercise, background music and its intelligibility for the given age, clothing, equipment, spatial choreography and movement difficulty for individuals as well as evaluate content based on creation principles.

## KEYWORDS

mass gymnastic exercise, Spartakiade, the Sokol Slet ( mass gathering of gymnasts organised by the Czech Sokol Movement ), younger teenage pupils, choreography