

ABSTRACT

Title of work: Minihandball on the primary school

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Abstract: The bachelor thesis is focused on comparing the movement level and handball skills of children from minihandball section of Sokol Kostelec nad Labem and children from the primary school Terezy Stolzové in Kostelec nad Labem. The thesis is divided into the theoretical and research part. In the theoretical part we can find handball and minihandball rules, development of children in younger school age, characteristics of physical abilities, physical education and methodology of minihandball. Practical part is about the interpretation of the results obtained during testing of the movement level of children. The test battery is consisted of tests verifying the movement level and handball skills. In addition the practical part includes proposed model of minihandball training for the primary school Terezy Stolzové in Kostelec nad Labem and comparing results from the first and final testing of movement level.

The bachelor thesis is suitable for physical education teachers on the primary school, but also it can be useful for coaches of minihandball.

KEY WORDS

Minihandball, children, primary school, physical education, movement level