

# ANNOTATION

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The bachelor thesis deals with the celiac disease and a gluten-free diet. The theoretical part focuses not only on symptoms, diagnostics and therapy but also on the availability of gluten-free foods in the place of residence, it shows its financial demanding character and possibilities of gaining allowance from health insurance companies. This thesis sets itself a goal to show difficulties which are brought to a carrier with the celiac disease and what are the everyday pitfalls in lives of coeliacs.

The empirical part focuses on a questionnaire research survey, which was conducted among the patients with celiac disease. The thesis sets itself a goal, based on the discovered results, to evaluate what influence the gluten-free diet has on financial budgets of the respondents, the availability of gluten-free foods and using allowances from health insurance companies. The results of the research were compared to ones from previous years dealing with the same topic. This bachelor thesis proved that, in many respects, not much has changed in coeliacs, except for improving quality and availability of gluten-free products. That's why it is important to promote this disease constantly to make it better in the future. As there are still things to be improved and thus help all patients with celiac disease.