

ABSTRACT

The subject of my task deals with the work of disabled theatre performers with the aim to analyze and describe the entire process of creation of a theatre performance in an amateur assemble. Furthermore, the benefit of the dramatic production for both personal as well as social development of the disabled performers, derived from the theoretical assumptions, was evaluated. The work at first highlights the features and classification of the mental retardation degree and is trying to inform about very special expressive approaches in both therapeutics and pedagogy. Much attention is paid to the drama-related therapies, such as dramatherapy and especially teatrotherapy which will underline the outcome of the whole creation process – a performance. The dramatic production itself, set within the framework of the expressive abovementioned therapies, is influenced by the way of the dramatic education and, therefore, its fundamental principles and methods of its creation are presented as well. Through the common instruments employed in the quality research, i.e. the observations and interviews with the participants in the drama-creation scheme, the whole process of the performance creation from rehearsal to the premiere is explored. The research was conducted in a Prague research body dealing with leisure activities of mentally disabled people. The data collected at observations of the rehearsals and interviews with players, lecturers and spectators are interpreted on the basis of consultation with the available expert literature on the psychopedics as well as special and drama education. The work is trying to come to a generalization in the field of theatrical creative activity of the disabled people. The work eventually proves that artistic-focused meaningful activities will provide mentally disabled people a valuable opportunity for their self-realization, personal development and social integration.