

ABSTRACT

The bachelor thesis topic is "Health Promotion at the 1st Primary School". The goal is to find out how are fulfilled the RVP ZV criteria from health promotion. For the research were selected two Primary Schools in the Central Bohemian village Dolní Břežany.

The theoretical part deals with the concept of health and its determinants. It describes ways how to promote health and reasons for supporting it in whole population. Thesis defines the concept of health literacy and the possibility of its increase among pupils at the 1st Primary Schools. It also mentions how health support is anchored in the RVP ZV and how is possible to build up surroundings at School, which will promote health. Further shows pupil characteristics of the younger school age and its developmental specifications.

In the practical part, the bachelor thesis finds out how are fulfilled the RVP ZV criteria from health promotion at two selected Primary schools. To achieve this it was used a qualitative survey based on two structured interviews for pupils at 1st Primary School and their teachers. Interviews were recorded to the recording device after that they were transferred to electronic version. In the conclusion part all acquired answers are evaluated and there are proposed few projects how to promote health.