

ABSTRACT

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Title of Bachelor thesis: Sjögren's syndrome – anamnestic study

Background: The aim of this work was to get acquainted with the problems of this serious illness and the comparison of the quality of life diagnosed in the Czech Republic and abroad.

Main findings: Sjögren's syndrome is an autoimmune disease with exocrine gland disorders. The pathogenesis of this disease is still unclear, but knowledge of the involvement of various cells and the pathways leading to autoimmunity is increasing. The most common symptom is dryness of the eyes and mouth, but patients often have problems with musculoskeletal or systemic damage of the body. Sjögren's syndrome brings an increased risk of developing lymphoproliferative disease.

Conclusions: Attempts to create new diagnostic criteria indicate the difficulty and great interest in understanding this disease. Accurate diagnosis should be performed by laboratory diagnostics in combination with appropriate tests. Still, it is a problem to identify this disease safely and Sjögren's syndrome remains an unknown and underestimated autoimmune disease.