

ABSTRACT

This bachelor thesis entitled „The Awareness of Patients Diagnosed with Type 2 Diabetes About Their Illness in a Selected Region “is divided into two main parts. In the theoretical part, it focuses on the characteristics of diabetes mellitus, especially on type 2 diabetes mellitus, including treatment and associated complications of this disease. In the practical part I focused on the level of awareness of type 2 diabetics from the Vysočina region, both in diabetics from the neighborhood and from the diabetes clinic of the hospital in Nové Město na Moravě. The level of awareness in the individual areas of treatment was then compared with answers to questions about their own compliance with the treatment rules. Answers to the question of knowledge was mostly correct but the situation about keeping the treatment rules was worse. The best results were in the field of sports, the worst of dieting. They were also very bad in answering the questions related to acute complications. Only about 40 % of the answers were correct. Knowledge of chronic complications was better. 65 % of the answers were correct. The last partial goal was to find the main source of information, which is clearly the medical staff.

KEYWORDS

Diabetes mellitus 2. type, informations, therapy, complications of diabetes, diseases of affluence