

ABSTRACT

The main intent of the research study is to find out about social skills of registered nurses working at specialized wards - anaesthesiology, resuscitation and other wards of intensive care.

In the theoretical part the article looks into the question of vocational preparation and professional education of registered nurses in the Czech Republic, who all are registered nurses and how they prepare for their profession. What differences there are in the profession of a nurse. The article is also concerned with the vocational preparation of nurses in the European Union.

We address the question of nurse's personality, the question of her formation and creation, and also the differences with nurse's profession in relation to gender and role characteristics. The article inquires into the character features of a registered nurse and special skills of registered nurses and especially above mentioned social skills, which are the main topic of our research work. The article covers the development and formation of social skills in the course of a person's lifetime, in our case a nurse, and factors that influence them. The article also follows up the risks of devaluation of social skills like stress, burnout syndrome as well as insufficient psychic hygiene. An important place in the field of social skills belongs even to limits in the sphere of social skills. We also occupy ourselves with communication as a basic tool of social skills. Last but not least we have in mind that the main representatives of the nurse's profession are women, although in our conditions there already are about 5 % of male nurses - general hospital attendants and therefore it is necessary not to think only of the professional role of a woman but also of her life role – role of a woman.

In the research part the article focus on finding out about social skills of registered nurses /further only nurses/, working in specialized wards as opposed to nurses working at standard wards and clinics. It is necessary to mention here that registered nurses working at specialized wards of Department of Anesthesiology and Resuscitation and Intensive Care Unit are in fact nurses who - if they work without expert supervision of a nurse who has a specialized qualification - also completed special education for intensive care or in case of Department of Anesthesiology and Resuscitation – they are paramedics by profession. If they are only registered nurses/general hospital attendants, they perform this profession under an expert supervision of a nurse who has a special qualification. The article asks ourselves a question

here regarding differences in social skills in relation to amount of experience in the profession of a nurse. The article looks into whether there are specifics of emotional and social control with male nurses, i.e. general hospital attendants as opposed to female nurses. We also address the question of interconnection of social skills with education and life and work satisfaction. We verify theoretical solutions which we determined based on a pilot project, a study of professional literature and tutorials with professor Riggio, the author of one of our key questionnaires of the research. Our objective is to apply these findings into the program of further development, motivation, support and education of nurses.

Keywords: nurse, social skills, life satisfaction, education.