

ABSTRACT

The diploma thesis is aimed at further education as one of the possible means of combating the burnout syndrome of pedagogues. It is divided into two main parts, theoretical and practical. These sections are then subdivided into chapters and subchapters.

In the theoretical part of the thesis I focus on teachers as an overall concept, more specifically on the personality traits of teachers, their key competences, the position of teachers in the Czech Republic, the development of their professional career, their education and the possibilities for further education. We also define what supervisors are, what types and forms we know, we will also look at supervision processes and their competencies. We will also discuss what the social environment is in school. In the second part of the theoretical part, we also look at the burnout syndrome, its theoretical definition, the symptoms associated with it, its manifestations and its consequences, we will also mention the risk factors for its formation and give us some possibilities of preventing the burnout syndrome.

The practical part includes research that I did at selected schools in Chrudim. The main aim of this diploma thesis is to compare the incidence of burnout assumptions in schools with different approaches to education.