

Abstract

Title

Case study of physical therapy management of a patient with systemic scleroderma

Summary

The topic of this work is progressive disease called Systemic scleroderma. For this disease are typical fibrotic changes in connective tissue such as are in skin and in some organs. The first part of the work summarizes information about this disease. The second part of this work contains case study of physical management of a patient with this diagnosis. The case study includes initial examination, suggestion of therapies and implementation. After this part is a final examination. At the end of the second part is an evaluation of performed therapies.

Results

At the end of therapies there was an improvement in patient's health.

Key words

Systemic scleroderma, rheumatic diseases, physical therapy, case study