

In this final thesis I focused on the civic associations YMCA – Reunion (YMCA – Setkání) and The Centre for Family and Social Care Ostrava (Centrum pro rodinu a sociální péči Ostrava). I described in how they contribute to family care. The range of their service starts with consultations for couples before they get married. The service continues with care for young marriages and activities for married couples, who want to work for improvement in their relationship. The list of the offered services of the association is much broader – they care for the elderly, for families with challenged children and in other cases, when there is a need for family support.