

ABSTRACT

Several researches have studied sexual fantasies (SF), and many studies have described the gender differences in frequency, content and incidence. However, most of these studies work in a quantitative way of analysis. The data are obtained from questionnaires containing reductive statements that can be interpreted differently by respondents. The results are sometimes very different across studies. In the present work we have therefore decided to use qualitative and quantitative method of analysis to study the content of SF of men and women and to describe the gender differences. For our research, we obtained data describing the most popular SFs (using a questionnaire with closed-end and open-end questions and also from a freely written favourite SF in the form of a film script by respondents) from a total of 407 women and 159. The sample was based on quotas created according to the data of the Czech Statistical Office (2011). The quotas selected an age-representative sample of 100 women and 100 men whose fantasies were analysed. In terms of qualitative analyses, we have described the following interesting categories regarding female SF: sexual activity occurring in SF; the importance of a submissive role for women; high preference in group activities. In male SF, a large variability of explicit sexual activities was found; the active and dominant role of a man; more frequent alternating male positions within their SF. The most pronounced gender differences identified by the qualitative method were in the description of individual actors and their role within SF.

The innovative contribution of this work is the analysis of structure of SF. We tried to find out whether the structure of SF corresponds to the described structure of the phases of courting behaviour (Kolářský & Madlafousek). The structure of most SFs, especially of female fantasies, in which 2 people appeared, filled all phases of the sexual motivational system (SMS). These phases were not found in fantasies in which there were more actors and in SFs with BDSM activities.

Using Chi-squared test, we tested some of the gender-specific sex differences found in SF men and women.