

ABSTRACT:

The aim of the dissertation thesis is to clarify the impact of a posture on the quality of voice performance. Through the method of a natural experiment, the authors carries out a research about the importance of a postural function in connection to building up basic voice skills.

We will observe, both from theoretical and practical point of view if and through which means can we influence the incorrect postural habits and how these changes affect voice performance. The methodological handbook is a natural output which takes into account the relation of the postural function, breath and its development with assistance of vocal hearing as a corrector of the quality of voice performance. The outcomes of the research that helped to verify the new methodological approach approved correctness of suggested methods and their general validity. As a result, a knowledgeable teacher can use the new teaching method at all levels of students' musical development.

KEY WORDS:

Voice performance, postural function, diaphragm, vocal hearing, breath excercises with fonation.