

## **Abstract**

**Title:** Motivation football players under influence of level of competition and loading level

**Objectives:** The first aim of this study is to describe the motivation of football players. The second aim is to find out how players' motivational structure changes depending on the level of gaming. The third aim of the thesis is to verify the hypotheses regarding the motivation structure and their changes on the set criteria.

**Methods:** This is a cross-sectional study. The data was obtained using the Czech version of the Sport motivation scale. Relationships between motivation and the monitored variables (belonging to the given team – level of competition, gaming load) were evaluated using the Spearman correlation coefficient. Comparison of motivation at clubs at different levels of competition was performed using the t-test. By comparison, the data were compared with the results of other relevant studies.

**Results:** On a given sample ( $n = 50$ ), we found a correlation of the positive and the negative direction. At the alpha level of 0.1, a negative amortization correlation was found at the descending team level ( $R = 0.26$ ;  $p\text{-value} = 0.07$ ). A similar result was given by the result of the t-test, when we found a significant difference between the players from AC Sparta Praha and non-selective clubs ( $T = 2.8$ ;  $p\text{-value} = 0.01$ ) in the profit for AC Sparta Prague players.

On the dataset, we also found a significant correlation between the intrinsic motivation - „to achieve something“ and the gameplay. Dependence was negative ( $R = -0.25$ ,  $p\text{-value} = 0.07$ ). In other cases, however, we could not consider the addiction as significant.

**Keywords:** Self-determination, motivation, football, level of competition, intrinsic motivation, extrinsic motivation, Sport motivation scale