

## **ABSTRACT**

The main goal of diploma thesis Subjective and objective view on the importance of rehabilitation or individuals with physical disabilities is to analyze rehabilitation meaning for the person with physical disabilities, specifically for a lady with muscular dystrophy from subjective and objective point of view.

First chapters describe theoretical background of terminology, physical disability definition and characteristics, description of rehabilitation as whole and its elements. Following chapter focuses on research and case study. For the elaboration of the diploma thesis, were used analysis of professional literature, a qualitative research survey based on direct observation, interviews, anamnestic questionnaires and medical documentation analysis.

The research revealed the importance of rehabilitation from a both objective and subjective point of view. Objective findings after intensive physiotherapy during the rehabilitation stay were entirely consistent with the subjective feelings of the person who was the subject of the research.

**Key words:** physical disabilities, muscular dystrophy, comprehensive rehabilitation