ABSTRACT

The aim of the thesis is to ascertain the level of motor skills of basketball players of younger school age. The thesis is divided into two parts, theoretical and practical. The theoretical part summarises knowledge obtained from scientific literature, defines fundamental terms related to the issue and clarifies the links between them. The theoretical part includes a definition of the UNIFITTEST 6-60 testing method, which appears to be the most suitable form of testing pupils aged 8 to 10 on the basis of scientific literature.

The practical part focuses on the actual testing of pupils. The aim of the thesis is to compare the results of pupils obtained in the Prague Sokol Organization who do sports actively also outside of school with those of pupils who only do sports as part of their compulsory education and just have the number of PE lessons the law stipulates for primary education. By comparing the obtained results, it will be possible to determine whether pupils who do sports only at school can reach the results of pupils in the Prague Sokol Organization. On the basis of this finding we may assume which pupils are talented and can be worked with further so as to allow their potential talent to develop.