

Abstract

The theses Psychological aspects of teleworking is dedicated to actual theme of a teleworking from the perspective of psychological aspects and teleworkers. In the theses a concept of teleworking is introduced in the current social context with its historical development. The main focus is on introduction a teleworking in relation with personal characteristics of a teleworker, well-being, work-life balance and social dimension of teleworking.

In the empirical part there is introduced a mixed methods research – a combination of mapping study and case study. The theme of the empirical part is teamwork and psychological safety of specific group of teleworkers – lecturers from the non-profit organization. In the quantitative part got involved both teleworkers and their managers, in the qualitative part evaluated the teamwork and psychological safety in the team only managers of the teams.

Keywords

Teleworking, telecommuting, personal characteristics, well-being, work-life balance