

## Abstract

The theme of this diploma thesis is psychosomatics and its educational and socially pedagogical aspects. The main goal is to characterize this theme and describe its aspects in the educational process. General framework for understanding the term psychosomatics in this diploma thesis is a holistic way how to act as a teacher to the students, remembering his physical and psychical part and not forgetting the psychosomatic troubles. In the description part there are terms, history of the psychosomatics thinking, examples of psychosomatics troubles, the influence of the family, stress in the educational process. The practical part contains of research, which had as a main goal characterize, which of the psychosomatic troubles are according to the teachers from Gymnázium Jiřího Ortena in Kutná Hora the most common according to their pedagogical experience.

## Key words

Psychosomatics, psychosomatical troubles, education