At the end of the manuscript of the last lesson of Courage of the truth, we can read this enigmatic declaration: “there is no establishment of the truth without an essential position of otherness; the truth is never the same; there can be truth only in the form of the other world and the other life” In this dissertation, we will analyse the relation between alterity and truth in the Foucauldian analysis of technics of the self.

In order to do so, we will start with an analysis of the Foucauldian methodology used in his last years, especially what he means by alethurgic analysis. Then, we explore the necessity of an other for the manifestation of truth of the subject, for example, the necessity of an other for the ascetic practice of the self. Finally, we explain in which way the truth, in order to appear as such to the self, need to adopt an excentric position which, in its incarnation, will result in the other life.

Key words: Foucault, alterity, technics of the self, truth