

The subjects of this study have been demanding life situations of people with intellectual disabilities. The theoretical section of this study involves introduction of this issue and identification and description of these events among majority. Subsequently, this study deals with characteristics of an adult with intellectual disabilities. This study has been engaged in particular moments in various areas of his life as well. The conclusion of the theoretical section includes description of demanding life situations among adults with intellectual disabilities.

The research section of this study contains four case studies of adults with intellectual disabilities. The main concern lies in interception of demanding life situations from the perspective of participants by themselves and their mothers as well. These demanding life situations are observed in terms of their manifestations, experience and awareness on the part of the participants. The conclusion of this study deals with reciprocal comparison of information acquired from people with intellectual disabilities with information from their parents. The general view on demanding life situations of all four participants with intellectual disabilities has been outlined. The similarities and differences among participants have been emphasized.

Key words:

intellectual disabilities, demanding life situations, stress, adaptation