

ABSTRACT

The diploma thesis comparing the level of physical abilities and basketball skills of girls in basketball and basketball outfits in Prague and abroad outlines a short history of both world and Czech basketball, the current organization of basketball in the Czech Republic, age specificities of children aged 11, stage of sports training in basketball, Ability. The practical part deals with the question of the level of motor skills of girls at the age of 11, the question of the level of basketball skills of girls at the age of 11 in basketball preparations in Prague and out-of-basket basketball preparations.

The aim of this diploma thesis is to determine whether the level of physical fitness of Prague and non-Prague basketball products is the same and whether the level of basketball skills of out-of-basket basketball products is lower than that of basketball products in Prague. All measured values are analyzed using mathematical-statistical methods. I used the UNIFITTEST test battery to test my physical abilities. Based on measured results, I compiled tables and charts. The results confirm that MBP and PBP's abilities are identical and that the level of basketball skills is slightly higher for MBP than for MBP.

KEYWORDS Physical skills, basketball skills, basketball history, basketball organization UNIFITTEST test battery, age characteristics of children, statistical methods