

## **Abstract**

**Title:** Evaluation of pupils' interest in adventure activities during school physical education lessons

**Objectives:** The aim of the master thesis is to evaluate the interest in adventurous activities of pupils aged 11 to 15 at the Elementary school Bronzová in Prague, based on a set up adventurous program.

**Methods:** The research sample consisted of 145 pupils, aged 11 to 15, 78 girls and 67 boys. Data were gathered by a questionnaire, which included closed, semi-closed and open questions addressed to pupils. Further data were collected by teachers' observation. Gathered data were recorded in writing, graphically processed and evaluated.

**Results:** Results showed that pupils were actively involved in the adventurous programme and were interested in adventurous activities within the physical education lessons. They have experienced the greatest adventure on the obstacles and during trust activities. Pupils do not seek adventurous activities during their free time.

**Keywords:** adventure, experience, adventure education, initiative games, adventure programme