

Theme of my dissertation is an investigation of the impact of the peers on the individuals behavior and possibilities of didactic application in the upbringing to health. In the first chapter I describe influences acting on an individual behavior. In the second chapter I take an interest in social groups. The third chapter pays attention to the peers. In another part of my dissertation I solve the subject of conformity. Fifth part of my thesis calling itself "Manipulation" and analyses this area. Last chapter of the theoretical part of this dissertation refers to assertivity - represents assertive human rights and basic assertive skills with recommendation of its usage in daily routine. My thesis goes on with an practical experiment related to conformism with the aim to find out if the students of 8. th class of basic schoools (13, 14 years old) are conformai at all and to what extent. Last chapter is dedicated to practical utilization of my dissertation - the scope of project "Behavior and its influence in the peer groups (conformity, manipulation, asertivity)" carried out in the volume of 5 lessons.