Abstract

Title: Testing comparison of professional physical performance of selected components of the IRS and the utilisation of acquired knowledge in the Czech Republic Army.

Objectives: The aim of the thesis is to analyse the ways of testing of the examination of the professional physical performance of selected segments of IRS, their comparison and the potentials of implementation of the obtained results into the Czech Army’s conditions.

Methods: In this piece of work we have used methods routinely used during the examination of physical activities and methods of educational research.

Results: The identification of differences in testing of physical performance between the Czech Republic Army and selected groups of IRS and recommendation for the implementation of testing of professional physical performance in the Czech Republic Army.

Keywords: Professional examination, physical performance, athletic training, exercises skills, physical performance testing, Integrated rescue system, fire rescue/fire brigade, mountain rescue system, the Czech Republic Police, the Czech Republic Army