

Abstract

The diploma thesis deals with the issue of bibliotherapy and possibilities of its use in older school age children with ADHD diagnosis. The objective of this thesis is to create, to implement and to evaluate a bibliotherapeutic program for the defined group. The first theoretical chapters defines the concept of bibliotherapy, its types, forms, objectives and the process of compiling the bibliotherapeutic program. The next chapters describes the ADHD disorder, its etiology, diagnostics, ADHD manifestations and the treatment and education of a child with ADHD. The last theoretical chapter describes the use of bibliotherapy for children with ADHD in our country and abroad. The practical part occupies with layout of a bibliotherapeutic program and its implementation. It is focused on the development of social skills and self-reflection and also on attention training for children with ADHD. The program have been done with a small group of boys with ADHD aged 13 – 15. Structured and unstructured observations and unstructured interview was used as a research method. The results of the research refer to the benefits and risks of bibliotherapeutic work with children with ADHD.