

Active ageing of the Czech Republic population in European context

Abstract

Population ageing is a global process. The active ageing concept aims to enhance life quality and expand participation in society. Active ageing index is a tool for policymakers. The purpose of index is obtaining evidences for public policies planning for older people. The first goal of this thesis is to explore the current situation of active ageing in the Czech Republic, and the second goal is to provide information of domains which do not reach their potential and to improve situation in these domains, that would enhance the life quality of elders. An alternative methodology of Active ageing index scores interpreting is presented in the thesis to support the second goal. The author considers Active ageing index to be an adequate tool for active ageing evaluation, however it does not provide sufficient information on what actions need to be taken to improve active ageing conditions. For this reason an alternative interpretation methodology is presented. The Czech Republic Active Ageing Index value is 34.4 point. It ranks the Czech Republic among slightly above average countries. Actions on volunteering, physical activity, lifelong learning and computer skills need to be taken to improve active ageing conditions.

Keywords: Population, active ageing, Active Ageing Index, Czech Republic, Europe