

Abstract

Title: Psychological and pedagogical factors that influence player performance in youth football

Objectives: The objective of the theoretical part is to analyze the psychological development of the player and the pedagogical aspects influencing the performance from the point of view of the educational activities of the coaches and parents. The selected theoretical starting points are then linked to the player's game play and its sporting development.

The content of the research section is to examine the emotional reactions of the players of the preparatory and pupil categories in the clubs AC Sparta Praha and FK Dukla Praha. We analyzed the results of the emotional experience of the players and then we analyzed the differences of factors in the developmental stages of the sporting development and the results of the differences of emotional reactions of the players of both clubs.

Methods: In this work we used a questioning method, namely a standardized DEMOR emotional reaction questionnaire examining emotional reactions of pupils. We have adapted it to the sport training environment and piloted. The research was conducted in seven teams of the AC Sparta Prague Football Club and seven teams of FK Dukla Prague in the U9-U15 category.

Results: The results showed high values of positive emotional reactions of players across all the examined categories of both clubs. Players of older categories experience negative feelings to a greater extent than younger players. In the comparison of the differences in the emotional reaction of the players between the two clubs, statistically significant differences were found in certain factors.

Keywords: Sports development, psychological development, emotional response, football, performance