

This bachelor's thesis maps the development of professionalization of nutritional therapists and their predecessors. The attention is paid specially to the relation to other medical disciplines (public health protection, nursing care, medical science), and the thesis also outlines the development of nutrition care from the point of view of these professions. Furthermore, it deals with the questions of the titles and content of this profession, its regulation, related education and professional association.

The thesis is of theoretical nature and applies in particular the method of historical research. It is grounded especially on sources from previous literature, contemporary professional journals and magazines, interview with witness and information from other sources.

With the aim of providing a comparison with relevant historical information, it describes the current position of nutritional therapists, in particular the possibilities for studying the discipline, competencies and professional career.