

## ABSTRACT:

The thesis is focused on integration of Health and Physical education in the junior high school curriculum. The main objective is to find out the teachers' experiences and their opinions on the Health and PT education. And on the basis of the obtained information design, in line with the expected outcomes of the Framework of Educational Program, propose a training program for improving the Health and PT class education. In the theoretical part was analysed the common outputs and goals from the Educational Program for Basic Education updated in 2016 for these groups. Was also describes the psychomotor development of student at junior high schools based on science studies. It identifies the way in which teachers in the field of didactics cooperate, and whether this cooperation is supported by the current curriculum. The practical part documents the course and results of qualitative research in schools with a low number of pupils and teachers in Vlašim school district. Thesis reveals the most common problems associated with teaching of Health education class, methods how teachers cooperation and, and shows the importance of teaching Health and PT education from the perspective of the teachers. The output of this thesis is make proposal of the Educational program which will link Health and PT.