

ABSTRACT

Title: Specifics of teaching swimming to children with autism spectrum disorder.

Objectives: Creation and implementation of the concept of preparatory and basic swimming lessons for children with autism spectrum disorder. Evaluation of information on continuing education and the achieved level of swimming skills and swimming locomotion observed in children with autism spectrum disorder. Presentation and qualitative assessment of the four case studies and subsequent design of guidelines for swimming education for children with autism spectrum disorder.

Methods: Analysis of scientific literature, case studies, surveys, interviews, ranking, observation and statistical methods.

The results: Teaching swimming with structured educational plans enables effective swimming lessons for children with autism spectrum disorder. Confirms the effectiveness of case studies. There are sixteen principles for swimming education for children with autism spectrum disorder.

Keywords: Autism Spectrum Disorders, structured teaching, swimming lessons