

Summary

In this bachelor thesis called „Using tobacco products in the staff of the Královské Vinohrady Teaching Hospital“ I focused mainly on smoking status of employees of the Královské Vinohrady Teaching Hospital (FNKV) and Third Faculty of Medicine of Charles University in a process of inclusion of this hospital to the European Network of Non-smoking Hospitals and the level of providing brief interventions in smoking patients.

In the first theoretical part, I describe strategies aimed at the control of tobacco products and treatment of tobacco dependence in a scope of the activities of WHO and EU, the control of tobacco products and legislation in the Czech Republic, important organisations such as Society for the treatment of tobacco dependence etc.. Moreover I focus on prevalence of tobacco use in the whole population of the Czech Republic, on use of tobacco in students of medicine and health professionals. I introduce the most often used forms of tobacco.. At the end of the theoretical part I present the health risks which are noticeable regarding prevention of chronic noncommunicable diseases and possible strategies of prevention and treatment of tobacco dependence.

The practical part presents the results of a questionnaire survey which was carried on during preventive examinations at the Clinic of Occupational and Travel Medicine in employees of the FNKV and Third Faculty of Medicine of Charles University. The research was carried on in two phases (I. phase - from May 2014 to May 2015, II. phase – from January to December 2016). Comparison of the results, from both phases revealed slight improvement in smoking prevalence of employees, as well as in performing brief interventions in a form of recommendation to visit the Centre for Tobacco Dependence Treatment.. Shortcomings in providing brief interventions by employees of FNKV revealed the need for their additional training in a providing of brief interventions in their smoking patients.