

ABSTRAKT:

Coping with relapse in the drug addiction treatment is a frequent problem. To accept and admit a possibility of a relapse in an individual, which has already a took part, and duly finished his residential treatment, is important for his future life in abstinence. Relapses must be seen as a natural part of the therapeutic process and its needed to prepare clients and their families to them, during the treatment. Relapses might lead client to a deeper self-knowledge and also to gain the ability to recognize and manage risk situations.

Research work was aimed on clients, who underwent at least one or more attempts to addiction treatment, which, although they completed it in due time, they are unable to remain in longer abstinence of drugs, and are reaching back to fall into previous level of drug dosage. Aim of this work was to map into more detaile the factors stading in the backround of relapse in an individual client after each treatment, to examine the circumstances, motivation for abstinence, decisions, and mental states, which clients were aware before starting the relapse, by using semi - structured interviews and anamnestic data.

The basic findings of this research include the changing causes which trigger relapses in the majority of clients who had repeated treatments. There was a lack of motivation to abstain after undergoing the first treatment in the same majority of clients, which was documented by the period in which there was no use of any addictive substances. In more then a half of the clients of the total research group, which underwent the second treatment, did not have absence of internal motivation, but a way of copying with high - risk situations, which is again documented in the period with absence of addictive substances, at which when compared to the first treatment, the majority managed to abstain longer.

The knowledge, that after the first use of addictive substances (laps), there is a chance to stop and prevent such a recurrence, majority of clients did not realize and perceive it as an absolute failure.

This work, by using its findings, supports the importance of using the concept of relapse prevention not only in the maintenance phase, but als during the client`s stay in the residential treatment.

Keywords: addiction on addictive substances- residential treatment,-abstinency- relaps