Abstract:

Bachelor’s thesis on the topic „Use of Bibliotherapy in Preschool Education“ discusses usage of bibliotherapy with the children in the preschool age, who take part in the group of the nursery school. The aim of this thesis is summarization of bibliotherapy and its forms, so it can available and comprehensible for the public and especially for the teachers in nursery schools.

The first part deals with preschool age, with psychological and emotional development of the children. In the second part we can learn about preschool education and about the aims of preschool education. In the thesis there are also mentioned possible problems, that children in this age can deal with. In the third part is summarized bibliotherapy, the thesis also presents developmental bibliotherapy, that is for the children in the preschool age the most suitable, plus the storytelling therapy. Presented are rules of the bibliotherapeutic programme as well.

The result of the thesis is a suggestion of bibliotherapeutic programme for the children in the nursery schools, that can be led by the teachers themselves.