

Summary

Title: The influence of the reflex therapy for better body movement system.

Aim:

The aim of the thesis was a research of manual body cure method. The name is synergic reflex therapy (SRT) written by orthopedist and chiropractor Dr. Pfaffenrot. The theoretical part was aimed at the description of the whole method. In the practical part I described the method utilization for problems with the movement system and brain motoric disorders.

Method:

The thesis was written as a methodological study. The theoretical part includes a description of the SRT method, the used techniques, methods and the ways of manual techniques client application. In the next part I mentioned the examination procedures at vertebrogenic disorders, including Dr. Pfaffenrot SRT examination. In the practical part there is a description of the seventeen clients monitoring, who were treated by SRT. The testing was realized by spine moving examination. There were a few therapies and examination questionnaires. I prepared three different casuistics there. I also made a structured interview and the entering and outgoing examination.

Results:

The casuistics and also the results of questionnaire research showed possible positive contribution of the SRT method for physiotherapist, also for home curing. The reason is the improvement of the whole body brain and vertebrogenic disorder dynamics. There was 17 clients with vertebrogenic disorder, 70,6% confirmed the psychic improvement, 100% noticed the movement and soreness improvement at average 2,5 grade, on scale from one to five. The results contribute for understanding the principle of this method.

Key words: reflex therapy, manual medicine, brain disorders, acupuncture, back pains