

Abstract

This thesis discuss the ways in which career-driven women balance their professional lives with that of their families, with focus on women working in managerial positions in healthcare facilities. As well as the definition of theoretical concepts, basic time management strategies and a close analysis of planning I., II., III., and IV. generations of time-management, attention will be given to the history of time management and the developmental needs of children. From the research point of view, the question: What strategies for balancing work and family do women in management positions working in healthcare rely on? Outlined in this work is the research plan, data collection, analysis and the summary of results. Also included is a chapter devoted to the ethical aspects of this research. Utilized research methods include: interviews, observation and analysis of time-frames.

Key words: time-management, woman, mother, manager, balancing of roles