

Abstract

Obesity belongs to the category of lifestyle diseases. It is expected that the obesity incidence will continue to grow. Currently there are several alternatives of treating this disease. Every patient must go through a conservative way of treatment at first and only in case of its failure the bariatric and metabolic surgeries take their turn. This bachelor thesis was drawn up in a form of a case study which concerns a female patient suffering from almost 2. class obesity. It describes 32 year old female patient who decided to reduce her weight and underwent a gastric sleeve surgery. Taking into account the characteristics of the medical intervention the multidisciplinary team focuses its activities mainly on pre- and post-operational matters which closely relate to formation of so called non-compliance. When, however, everything goes well and there are no complications thereafter the quality of life of a patient grows in most of the cases.

Keywords: obesity, bariatric and metabolic surgery, weight-loss, quality of life, non-compliance