

Abstract

This thesis focuses on the methodological approaches in teaching basic swimming skills with children of preschool and school age in Primary school and Kindergarten Žalany. In the theoretical part is all about teaching children swimming. There are described characteristics of preschool and school age with its specifics. Conclusion of the theoretical part focuses on teaching children swimming in the Czech republic according to applicable standards.

The practical part is focused on examining the impact of pre-swimming preparation in Kindergarten Žalany in comparative tests with children in the 1st class of Primary school Žalany. The main methods of the research are to observation, scoring the level of basic swimming skills with the subsequent processing of the data obtained.

Key words

younger school age, swimming, swimming skills, pre-swimming preparation, preschool age, swimming lesson of children