

ABSTRACT

This thesis focuses on elderly people. It focuses on people with dementia and on the importance of reminiscence therapy when working with these target groups. The thesis describes dementia and types of dementia, progression of dementia, prevention of dementia, needs of seniors and people with dementia. It gives theoretical description of reminiscence therapy and its use. Practical description of reminiscence based on particular personal research, which is carried out with the help of interviews, personal documentation studies, case studies and observation of seniors and people with dementia.