

The purpose of this dissertation is to map out the achieved success of giving lessons in social skills to children with ADHD/ADD. The objective is to find out if these kinds of lessons improve the emotional regulation and some personality traits of the children.

The theoretical part is a discussion on the problems of ADHD/ADD – historical view, definitions, causes, manifestations and possible therapeutic approaches.

Furthermore, it describes emotions, emotional regulation and personalities of children with ADHD/ADD. Conclusion of the theoretical part presents useful methods which could develop emotional and social skills especially during the educational process.

The practical part is based on a research questionnaire conducted with pupils from the special school for pupils with behavioural disorder. This research questionnaire will focus on the aforementioned success in giving lessons of social skills. The first questionnaire evaluates traits of personality on the basis of self-evaluation by pupils at this school. The second questionnaire is designed to analyse the ability to differentiate between, evaluate and comprehend emotions.