Abstract

This bachelor's thesis is focused on coping strategies of stressful situations in the lives of people with profound visual impairment. The theoretical part of this work describes visual impairment and deals with psychical development of a visually disabled child, functions of compensatory mechanisms and socialisation of a visually impaired person. Furthermore it focuses on how visual impairment is experienced by a child and his family and by an adult person.

The empirical part describes the process and results of my qualitative research. The aim is to find out the types of stressful situations in the lives of visually impaired people and their coping strategies. This part also figures out how the visual impairment is connected with stress and whether the impairment is the main stress factor in the life of visually disabled people.