

ABSTRACT

In my thesis, I focused on the development of motor skills of preschool children through games with an athletic theme. The theoretical part specifies in detail the preschool age, physical abilities - coordination, strength, speed and endurance. This part deals with the specifics of sports training preschoolers and athletics as such. In the practical part I have created a set of games with an athletic theme. Games are focused on the development of motor abilities and skills - running, jumping and throwing. These games I verified in practice and evaluation of resulting in the practical part. The practical part of the thesis is also an experiment in which I find the level of motor performance of preschool children at the beginning and after the end of the experime

