Abstract

The main aim of this thesis is to find out, if the lifestyle of physical education teachers or parents is the motivating factor for physical activity of chosen elementary schools pupils in Prague. More this thesis aims at subjective perception of these authorities lifestyle at physical activity. In the thesis there are argued and observed moments, when pupils are in direct contact with physical education teacher and parents lifestyle. Next is investigated the main motivating factor of pupils for physical activity. Influences of chosen indicators are compared and evaluated.